

LEADERSHIP | INSIGHTS & IMPACT



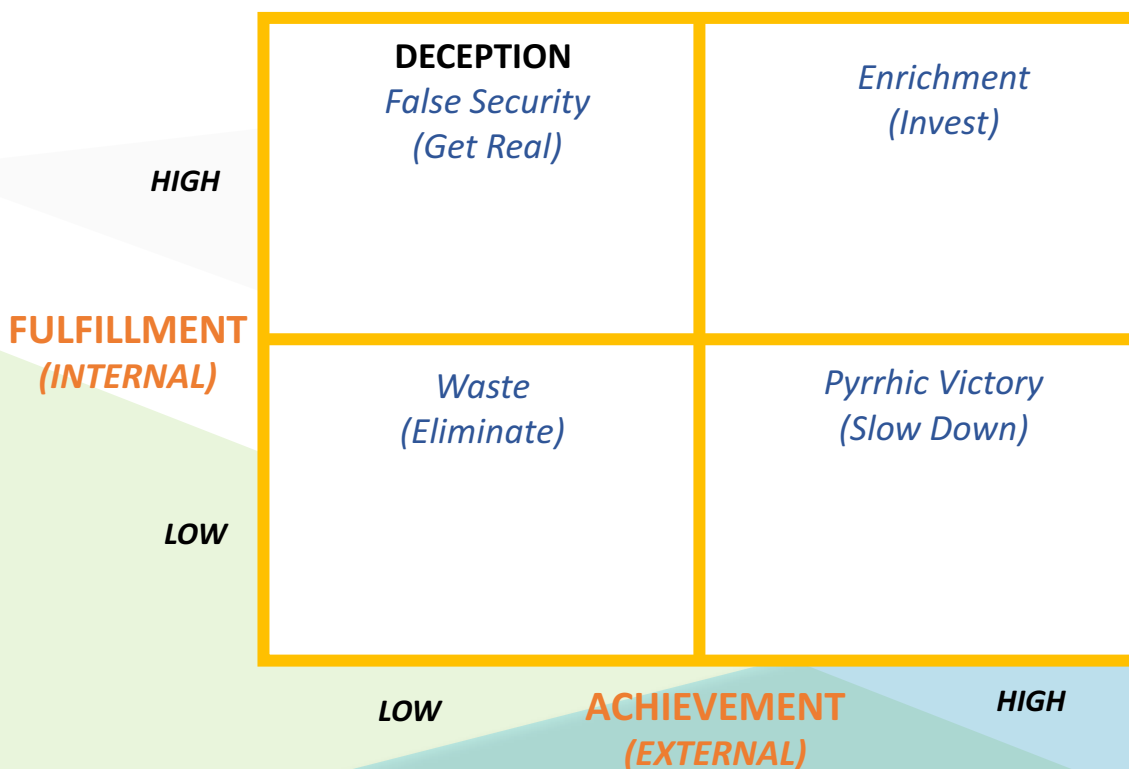
"He who has a why to live for, can bear almost any how."
– Nietzsche

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Image by Ryoichi Yotsumoto

Fresh from our insight oven -DISCOVER-ME© - a way to your Purpose
by our Founder and Coach Venkataraman Subramanyan



LEADERSHIP INSIGHTS

Dear Leaders,

It seems like the universe decided on a globally tilted November this year and decided to make us prime time viewers of some truly global ground breaking events - **Trump's Win, Demonitization in India, Hazardous Delhi, The Tata Fracas etc ...**

As much as we want to do something about the current state of affairs, it soon becomes business as usual for most of us. Our ears are lullabied to phrases like - I don't know, Just like that, I wish I knew, Why me?

Does this all sound familiar? How many of you are silently nodding with me?

We often hear these phrases when we ask leaders - What is your purpose? Or Why are you born in this world? When asking, we also observe their body language, their facial expressions and can *sense their uneasiness when confounded with these questions*. We know that it is not easy to confront this hash reality.

The auto pilot mode of lives we have chosen today keeps us busy and pseudo balanced to *remain most times in the "Hungry zone" between the polarities of those who have realized their purpose and those who just don't care*. Working with truly genuine and authentic leaders in our engagements, we can intuitively sense that the majority of them are "the hungry" and want to satiate themselves and enrich the world around them.



Do you want to close your eyes and visualize for a moment with me and create your purpose frame - How can clarification of your purpose, help you radiate positive change around you?

I hope that your visual purpose frame captured you with a "Michael Angelo effect" 😊

Well there is no need to worry if your purpose frame was not as good as "Michael Angelo's" - you have many friends on your boat and we can start to work on "The Purpose" frame together.

This is what our friends in our Global Leadership and Coaching boats have come up, with expert facilitation :



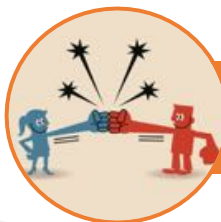
Look within - Give yourself the permission to take 20 minutes everyday to stop the constant chatter of your mind and listen to the wisdom of your soul as to its purpose

Allow the world around you to help you - There are plenty of magicians around you - Please SEEK Out



Seek out people whose purpose excites you

Do something new every day that will trigger the discovery of your own purpose - The universe will conspire to show you the way



Lastly talk to your life partner and align your purpose with them for them to keep you accountable - Aspiration without accountability is only hallucination

Do commit yourself 100 percent (not 98 percent or 99 percent) to discovering your life purpose - for a life without purpose is a life wasted in Meaningless Activities and mere Activities are Not a Proxy for Progress.

Best Regards,

Sripriyaa Venkataraman
Director Innovation and Partnerships



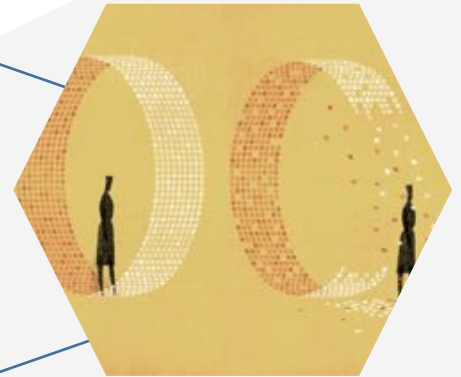
CLIENT IMPACT



MONISHA DEWAN

Executive Director – Associate Hotels India and
CEO & Founder – Everything Sales

Monisha is our Global Leadership and Coaching Seminar Alumni from our Pioneer batch in 2014. After 24 years of a highly successful career as GM of a global Hotel group, she took the courage to leave her corporate role and find her true life's purpose!



Interviewed by Niharica Sand on 23rd November 2016

How did the workshop impact you?

It was most important for me to understand what I wanted to do in terms of my career. As a leader, you develop many strengths and you are tuned to bring in results. Over time, I got so caught up in achieving defined results and just trying to excel at what I do, that I didn't take the time to reassess what I really wanted out of my career. In fact *I did not realize my goal-posts had changed*. I was so caught up in the corporate whirl-wind that *I had started confusing my priorities*.



The 3 days at the Global Coaching workshop, really helped cut through the clutter. The sessions were well planned and thought through. Each module gave us the *opportunity to be aware and connect with ourselves at various levels, such as emotional, 'sub-conscious' and physical self*. We also got the opportunity to network with other participants and appreciate each other's uniqueness and learn from each other's experiences.

I became aware of what 'coaching' truly is and how important it was to understand that everybody is different - & how to leverage the differences was the key. The program really helped me connect with myself and sowed the seed of wanting to find my purpose.

What made you want to find your purpose?

I never really got the time to introspect about my spiritual side. Like most working mothers in demanding positions, this was something which was put on the back burner. Where would 'Me' fit in the whole equation? I was so overwhelmed trying to manage kids, home and work, that there was no time to reflect about my purpose in life. *'Me' was hidden behind the GM, the mother, the wife* and most decisions got governed or were prioritized accordingly. I was so desperately trying to be best at everything.

During the 3 days, when we were told to connect with ourselves, it was very difficult. Till then I had always been an ambitious professional who was happy with her work and as a mother.



Illustration by Vicky Scott

My first priority, my family seemed to be getting very less of my time. And 'I' or 'Me time' was nowhere on that list, while work took up most of my time.

"You can't have all you want if you're focused on everything you're not"

- Robin Sharma

The workshop got me thinking on what I would really like to do and I started thinking in the direction of reinventing my life. As the saying goes, 'when the student is ready, the teacher shall appear'. so, I guess the timing of the workshop was perfect. I must admit, *the decisions were not easy and did not happen overnight* but one thing led to the next. I quit my corporate job to explore my dreams and passions. But can safely say, that I am on the path to seeking and exploring my purpose.

What else are you doing that is helping you realize your passion?

I guess, I am finally learning to prioritize efficiently. Also, post the workshop, I went on to do a post graduate course in Coaching which I thoroughly enjoyed. I am now spending more time with my children and *I make the time to reflect on my goals and make course corrections accordingly.*

Surprisingly, I am now more connected with my spiritual side. This gives me a deep sense of peace. In terms of work, I am thoroughly enjoying scaling up and exploring innovative opportunities.

I guess, *those 3 days opened up many doors for me*, which under normal circumstances, I wouldn't have gone that route. Today, I am in a state of *constant self-discovery and not scared to venture into new opportunities.*



LEADERSHIP | INSIGHTS & IMPACT



LET YOUR LEADERSHIP
TRANSFORM THE
WORLD AROUND YOU

OUR EVENTS

Global Leadership and Coaching Seminar
February, India

Global Leadership and Coaching Seminar
March, Singapore

Our Special Interest Programs for the Quarter:

- **Leverage Differences using Cultural Orientations and Overcome Team Dysfunctions**
- **Empowering Women into Boards**
- **How do you manage your energy as you scale into Leadership**

As you are applying what you have learnt, if there is anything you want to talk about - insights, challenges please feel free to write to us. To share your experiences & know more about how we can help you, contact us:



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Kind acknowledgements to our partner **Philippe Rosinski** and his works on Global Coaching